

head & shoulder massage

30 minutes

thb 200

the medium to firm massage is designed to focus on the stressed muscles in particular areas of the head, shoulders, and neck. this massage works directly on these areas to provide instant relief.

foot reflex retreat

60 minutes

thb 300

focused on the pressure points on the soles of the feet, upper foot, ankles and lower legs, that affects the entire body. integrating the benefits of the reflexology to release tension and clear energy blocks, your feet will be completely refreshed and pampered.

the b a s p a treatment menu

oriental thai massage

60/90 minutes

thb 300/400

one of the world's most popular massages, it focuses on pressure points and stretching throughout the body's energy channels to improve flexibility and relieve muscle tension. it offered fully-clothed and without oil.

*Treatments and pricing subject to change without notice.

tension relief back massage

30 minutes

thb 200

to concentrate on the back and to release tension caused by modern lifestyles, this treatment will improve circulation, induce deep relaxation and ease away muscle aches & pain.

thai aromatic massage

60/90 minutes

thb 500/700

a full body massage with aromatherapy oil. a combination of thai and aromatherapy massage using medium pressure, kneading strokes and circular motions. the purpose is to increase the oxygen flow in the blood circulation and release toxin from muscle while promoting health and well being. a touch of east meets west for this unique experience.